

# Black Athena The Afroasiatic Roots Of Classical Civilization The Linguistic Evidence Vol 3 By 2006 11 03

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Other Leopards Denis Williams 2009 Lionel Froad hopes to rediscover Lobo, his alter ego from ancestral times, while on an architectural survey in the horn of Africa. Instead, he finds himself having complex relationships between his filial, white boss and a stunning girl from Wales, both of whom distract him from his goal. Eventually, Lionel is forced to recognize the painful division between his New World self and ancestry as a result of slavery and centuries of separation.

*The First Ethiopians* Malvern van Wyk Smith 2009-07-01 The First Ethiopians explores the images of Africa and Africans that evolved in ancient Egypt, in classical Greece and imperial Rome, in the early Mediterranean world, and in the early domains of Christianity. Inspired by curiosity regarding the origins of racism in southern Africa, Malvern van Wyk Smith consulted a wide range of sources: from rock art to classical travel writing; from the pre-Dynastic African beginnings of Egyptian and Nubian civilisations to Greek and Roman perceptions of Africa; from Khoisan cultural expressions to early Christian conceptions of Africa and its people as 'demonic'; from Aristotelian climatology to medieval cartography; and from the geo-linguistic history of Africa to the most recent revelations regarding the genome profile of the continent's peoples. His research led to a startling proposition: Western racism has its roots in Africa itself, notably in late New Kingdom Egypt, as its ruling elites sought to distance Egyptian civilisation from its African origins. Kushite Nubians, founders of Napata and Meroë who, in the eighth century BCE, furnished the black rulers of the twenty-fifth Dynasty in Egypt, adopted and adapted such Dynastic discriminations in order to differentiate their own 'superior' Meroitic civilisation from the world of 'other Ethiopians'. In due course, archaic Greeks, who began to arrive in the Nile Delta in the seventh century BCE,

internalised these distinctions in terms of Homer's identification of 'two Ethiopias', an eastern and a western, to create a racialised (and racist) discourse of 'worthy' and 'savage Ethiopians'. Such conceptions would inspire virtually all subsequent Roman and early medieval thinking about Africa and Africans, and become foundational in European thought. The book concludes with a survey of the special place that Aksumite Ethiopia - later Abyssinia - has held in both European and African conceptual worlds as the site of 'worthy Ethiopia', as well as in the wider context of discourses of ethnicity and race.

Empire of Ruin John Levi Barnard 2018 Introduction: Black classicism in the American empire -- Phillis Wheatley and the affairs of state -- In plain sight: slavery and the architecture of democracy -- Ancient history, American time: Charles Chesnut and the sites of memory -- Crumbling into dust: conjure and the ruins of empire -- National monuments and the residue of history

Black Athena Martin Bernal 1987

Black Athena Martin Bernal 2012-12-31 Classical civilisation, Martin Bernal argues, has deep roots in Afro-Asiatic cultures. But these Afro-Asiatic influences have been systematically ignored, denied, or suppressed since the eighteenth century - chiefly for racist reasons. The popular view is that Greek civilisation was the result of the conquest of a sophisticated but weak native population by vigorous Indo-European speakers--or Aryans--from the North. But the Classical Greeks, Bernal argues, knew nothing of this "Aryan model." They did not see their political institutions, science, philosophy, or religion as original, but rather as derived from the East in general, and Egypt in particular. Black Athena is a three-volume work. Volume 1 concentrates on the crucial period between 1785 and 1850, which saw the Romantic and racist reaction to the Enlightenment and the French Revolution, and the consolidation of Northern expansion into other continents. In an unprecedented tour de force, Bernal makes meaningful links between a wide range of areas and disciplines--drama poetry, myth, theological controversy, esoteric religion, philosophy, biography, language, historical narrative, and the emergence of "modern scholarship."

The History of Africa Molefi Kete Asante 2014-10-10 There is a paradox about Africa: it remains a subject that attracts considerable attention yet rarely is there a full appreciation of its complexity. African historiography has typically consisted of writing Africa for Europe--instead of writing Africa for itself, as itself, from its own perspectives. The History of Africa redresses this by letting the perspectives of Africans themselves take center stage. Authoritative and comprehensive, this book provides a wide-ranging history of Africa from earliest prehistory to the present day--using the cultural, social, political, and economic lenses of Africa as instruments to illuminate the ordinary lives of Africans. The result is a fresh survey that includes a wealth of indigenous ideas, African concepts, and traditional outlooks that have escaped the writing of African history in the West. The new edition includes information on the Arab Spring, the rise of FrancAfrica, the presence of the Chinese in Africa, and the birth of South Sudan. The chapters go up to the present day, addressing US President Barack Obama's policies toward Africa. A new companion website provides students and scholars of Africa with access to a wealth of

supporting resources for each chapter, including images, video and audio clips, and links to sites for further research. This straightforward, illustrated, and factual text allows the reader to access the major developments, personalities, and events on the African continent. This groundbreaking survey is an indispensable guide to African history.

Hellenistic Egypt Jean Bingen 2007 "The most comprehensive account of the economy, society, and culture of Hellenistic Egypt available in English."--J.G. Manning, author of *Land and Power in Ptolemaic Egypt: The Structure of Land Tenure*

*Black Athena* Martin Bernal 2006 Could Greek philosophy be rooted in Egyptian thought? Is it possible that the Pythagorean theory was conceived on the shores of the Nile and the Euphrates rather than in ancient Greece? In *Black Athena*, Martin Bernal calls into question two of the longest-established explanations for the origins of classical civilization. The Aryan Model, which is current today, claims that Greek culture arose as the result of the conquest from the north by Indo-European speakers, or "Aryans," of the native "pre-Hellenes." The Ancient Model, which was maintained in Classical Greece, held that the native population of Greece had initially been civilized by Egyptian and Phoenician colonists and that additional Near Eastern culture had been introduced to Greece by Greeks studying in Egypt and Southwest Asia. Bernal proposes a Revised Ancient Model, which suggests that classical civilization in fact had deep roots in Afro-asiatic cultures. This long-awaited third and final volume of the series is concerned with the linguistic evidence that contradicts the Aryan Model of ancient Greece. Bernal shows how nearly 40 percent of the Greek vocabulary has been plausibly derived from two Afro-asiatic languages--Ancient Egyptian and West Semitic. He also reveals how these derivations are not limited to matters of trade, but extended to the sophisticated language of politics, religion, and philosophy. This evidence, according to Bernal, confirms the fact that in Greece an Indo-European people was culturally dominated by speakers of Ancient Egyptian and West Semitic. Provocative, passionate, and colossal in scope, this volume caps a thoughtful rewriting of history that has been stirring academic and political controversy since the publication of the first volume.

*The Gift of the Nile* Phiroze Vasunia 2001-12-04 What the ancient Greeks thought and believed about Egypt and what this tells us about them.

*Heresy in the University* Jacques Berlinerblau 1999 Berlinerblau (Judaic studies, Hofstra U.) explores the reactions--widely divergent but mostly intense--to Martin Bernal's 1987 publication of the first volume of *Black Athena: The Afroasiatic Roots of Classical Civilization*. In light of classicist reacting to an outsider's intrusion into their field and Afrocentrist accusation of stealing the material from black scholars, he considers the question of intellectual responsibility during an age of cultural warfare. He also elucidates the contents of the book itself. Annotation copyrighted by Book News, Inc., Portland, OR

Geography of a Life Martin Bernal 2012-07 An Astonishing work, breathtakingly bold in conception and passionately written . . . salutary, exciting and in its historiographical aspects convincing.' (G. W Bowersock, Institute for Advanced Study, Princeton.) Demands to be taken seriously . . . Every page that Bernal writes is educating and enthralling. To agree with

all his theses may be a sign of naivety, but not to have spent time in his company is a sign of nothing at all.' (Ray, Herbert Thompson Reader in Egyptology, University of Cambridge.) Anticipation of Geography of a Life' Martin Bernal himself has avowed that Black Athena owes its conception to a mid-life crisis. Now that he has overcome this set-back with obvious success, one hopes he will live long enough to follow the example set by his mother Margaret Gardiner and his grandfather Sir Alan (Gardiner), who both wrote their memoirs in their eighties. I have no doubt that Bernal's autobiography will generate more interest among educated lay persons and less irritation among scholars than any future volume of Black Athena.' (Arno Egberts, Professor of Egyptology, University of Leiden.)

Archaeology and the Emergence of Greece Anthony M. Snodgrass 2006 "This book brings together twenty-five papers by A. M. Snodgrass, some of them previously published only in rather inaccessible places, which have contributed to this change. They cover four decades of work on pre-Classical and Classical Greece and some adjacent fields of scholarship, beginning in the 1960s when Classical archaeology was not widely seen as a free-standing subject. They chart the progress of a movement for the intellectual independence of Greek archaeology and art, from history and textual studies and for recognition among other branches of archaeology."--BOOK JACKET.

Black Athena Martin Gardiner Bernal 1996

Black Athena Martin Bernal 2020-02-14 Black Athena, an audacious three-volume series, strikes at the heart of today's most heated culture wars. Martin Bernal challenges Eurocentric attitudes by calling into question conventional explanations for the origins of classical civilization. Provocative, passionate, and colossal in scope, this thoughtful rewriting of history continues to stir academic and political controversy.

*Cadmean Letters* Martin Bernal 1990 Western civilization has long sought its cultural roots in the classical civilizations of the Aegean. During the twentieth century, however, it has been made increasingly clear that it owes a great debt to the civilizations of the Fertile Crescent. In the thick of the debate as to how much classical civilizations were influenced by the Levant has been the question of the date of the transmission of the alphabet. In this monograph, Bernal takes up the question anew and marshals persuasive arguments that the date of transmission of the alphabet should be moved considerably earlier than generally has been thought, to the middle of the second millennium B.C. Growing out of his work on Black Athena, the intricate matters of alphabetic history and transmission are dealt with, both in terms of the history of the investigation of the topic and also with regard to the specific working out of his own new proposal.

*Black Athena* Martin Bernal 2020-02-14 Black Athena, an audacious three-volume series, strikes at the heart of today's most heated culture wars. Martin Bernal challenges Eurocentric attitudes by calling into question conventional explanations for the origins of classical civilization. Provocative, passionate, and colossal in scope, this thoughtful rewriting of history continues to stir academic and political controversy.

Cultural Genocide in the Black and African Studies Curriculum Yosef Ben-Jochannan 2004 Dr. Ben is at his best in this work. He argues with passionate certainty that there is a fatal contradiction when Blacks are fed a history of themselves based on materials written, controlled and approved

by whites. His arguments raise the powerful questions: would whites (or any other group) agree to embrace a history of themselves created and controlled by Blacks?

Women in Greek Myth Mary Rosenthal Lefkowitz 2007-08-27 In the first edition of *Women in Greek Myth*, Mary R. Lefkowitz convincingly challenged narrow, ideological interpretations of the roles of female characters in Greek mythology. Where some scholars saw the Amazons as the last remnant of a forgotten matriarchy, Clytemnestra as a frustrated individualist, and Antigone as an oppressed revolutionary, Lefkowitz argued that such views were justified neither by the myths themselves nor by the relevant documentary evidence. Concentrating on those aspects of women's experience most often misunderstood—life apart from men, marriage, influence in politics, self-sacrifice and martyrdom, and misogyny—she presented a far less negative account of the role of Greek women, both ordinary and extraordinary, as manifested in the central works of Greek literature. This updated and expanded edition includes six new chapters on such topics as heroic women in Greek epic, seduction and rape in Greek myth, and the parts played by women in ancient rites and festivals. Revisiting the original chapters as well to incorporate two decades of more recent scholarship, Lefkowitz again shows that what Greek men both feared and valued in women was not their sexuality but their intelligence.

History Lesson Mary R. Lefkowitz 2008-10-01 In the early 1990s, Classics professor Mary Lefkowitz discovered that one of her faculty colleagues at Wellesley College was teaching his students that Greek culture had been stolen from Africa and that Jews were responsible for the slave trade. This book tells the disturbing story of what happened when she spoke out. Lefkowitz quickly learned that to investigate the origin and meaning of myths composed by people who have for centuries been dead and buried is one thing, but it is quite another to critique myths that living people take very seriously. She also found that many in academia were reluctant to challenge the fashionable idea that truth is merely a form of opinion. For her insistent defense of obvious truths about the Greeks and the Jews, Lefkowitz was embroiled in turmoil for a decade. She faced institutional indifference, angry colleagues, reverse racism, anti-Semitism, and even a lawsuit intended to silence her. In *History Lesson* Lefkowitz describes what it was like to experience directly the power of both postmodernism and compensatory politics. She offers personal insights into important issues of academic values and political correctness, and she suggests practical solutions for the divisive and painful problems that arise when a political agenda takes precedence over objective scholarship. Her forthright tale uncovers surprising features in the landscape of higher education and an unexpected need for courage from those who venture there.

Classical Mythology: A Very Short Introduction Helen Morales 2007-08-23 From Zeus and Europa, to Diana, Pan, and Prometheus, the myths of ancient Greece and Rome seem to exert a timeless power over us. But what do those myths represent, and why are they so enduringly fascinating? Why do they seem to be such a potent way of talking about our selves, our origins, and our desires? This imaginative and stimulating *Very Short Introduction* goes beyond a simple retelling of the stories to explore the rich history and diverse interpretations of classical myths. It is a wide-ranging account,

examining how classical myths are used and understood in both high art and popular culture, taking the reader from the temples of Crete to skyscrapers in New York, and finding classical myths in a variety of unexpected places: from arabic poetry and Hollywood films, to psychoanalysis, the bible, and New Age spiritualism. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

*Black Athena: The archaeological and documentary evidence* Martin Bernal 1987 What is classical about Classical civilization? In one of the most audacious works of scholarship ever written, Martin Bernal challenges the whole basis of our thinking about this question. Classical civilization, he argues, has deep roots in Afroasiatic cultures. But these Afroasiatic influences have been systematically ignored, denied or suppressed since the eighteenth century - chiefly for racist reasons.

*Stolen Legacy* George G. M. James 2013-04-08 For centuries the world has been misled about the original source of the Arts and Sciences; for centuries Socrates, Plato and Aristotle have been falsely idolized as models of intellectual greatness; and for centuries the African continent has been called the Dark Continent, because Europe coveted the honor of transmitting to the world, the Arts and Sciences. It is indeed surprising how, for centuries, the Greeks have been praised by the Western World for intellectual accomplishments which belong without a doubt to the Egyptians or the peoples of North Africa.

*The Idea of Africa* V. Y. Mudimbe 1994 Mudimbe's exploration of how the "idea of Africa was constructed by the Western world.

*Greek Gods, Human Lives* Mary R. Lefkowitz 2003-01-01 Insightful and fun, this new guide to an ancient mythology explains why the Greek gods and goddesses are still so captivating to us, revisiting the work of Homer, Ovid, Virgil, and Shakespeare in search of the essence of these stories. (Mythology & Folklore)

*Not Out Of Africa* Mary Lefkowitz 2008-08-04 Not Out of Africa has sparked widespread debate over the teaching of revisionist history in schools and colleges. Was Socrates black? Did Aristotle steal his ideas from the library in Alexandria? Do we owe the underlying tenets of our democratic civilization to the Africans? Mary Lefkowitz explains why politically motivated histories of the ancient world are being written and shows how Afrocentrist claims blatantly contradict the historical evidence. Not Out of Africa is an important book that protects and argues for the necessity of historical truths and standards in cultural education. For this new paperback edition, Mary Lefkowitz has written an epilogue in which she responds to her critics and offers topics for further discussion. She has also added supplementary notes, a bibliography with suggestions for further reading, and a glossary of names.

*Black Athena* Martin Bernal 2020 What is classical about Classical civilization? In one of the most audacious works of scholarship ever written, Martin Bernal challenges the foundation of our thinking about this question. Classical civilization, he argues, has deep roots in Afroasiatic

cultures. But these Afroasiatic influences have been systematically ignored, denied or suppressed since the eighteenth century--chiefly for racist reasons. The popular view is that Greek civilization was the result of the conquest of a sophisticated but weak native population by vigorous Indo-European speakers--Aryans--from the North. But the Classical Greeks, Bernal argues, knew nothing of this "Aryan model." They did not see their institutions as original, but as derived from the East and from Egypt in particular. In an unprecedented tour de force, Bernal links a wide range of areas and disciplines--drama, poetry, myth, theological controversy, esoteric religion, philosophy, biography, language, historical narrative, and the emergence of "modern scholarship."

Black Athena Revisited Mary R. Lefkowitz 2014-03-24 Was Western civilization founded by ancient Egyptians and Phoenicians? Can the ancient Egyptians usefully be called black? Did the ancient Greeks borrow religion, science, and philosophy from the Egyptians and Phoenicians? Have scholars ignored the Afroasiatic roots of Western civilization as a result of racism and anti-Semitism? In this collection of twenty essays, leading scholars in a broad range of disciplines confront the claims made by Martin Bernal in *Black Athena: The Afroasiatic Roots of Classical Civilization*. In that work, Bernal proposed a radical reinterpretation of the roots of classical civilization, contending that ancient Greek culture derived from Egypt and Phoenicia and that European scholars have been biased against the notion of Egyptian and Phoenician influence on Western civilization. The contributors to this volume argue that Bernal's claims are exaggerated and in many cases unjustified. Topics covered include race and physical anthropology; the question of an Egyptian invasion of Greece; the origins of Greek language, philosophy, and science; and racism and anti-Semitism in classical scholarship. In the conclusion to the volume, the editors propose an entirely new scholarly framework for understanding the relationship between the cultures of the ancient Near East and Greece and the origins of Western civilization. The contributors are: John Baines, professor of Egyptology, University of Oxford Kathryn A. Bard, assistant professor of archaeology, Boston University C. Loring Brace, professor of anthropology and curator of biological anthropology in the Museum of Anthropology, University of Michigan John E. Coleman, professor of classics, Cornell University Edith Hall, lecturer in classics, University of Reading, England Jay H. Jasanoff, Jacob Gould Schurman Professor of Linguistics, Cornell University Richard Jenkyns, fellow and tutor, Lady Margaret Hall, Oxford, and university lecturer in classics, University of Oxford Mary R. Lefkowitz, Andrew W. Mellon Professor in the Humanities, Wellesley College Mario Liverani, professor of ancient near eastern history, Universita di Roma, 'La Sapienza' Sarah P. Morris, professor of classics, University of California at Los Angeles Robert E. Norton, associate professor of German, Vassar College Alan Nussbaum, associate professor of classics, Cornell University David O'Connor, professor of Egyptology and curator in charge of the Egyptian section of the University Museum, University of Pennsylvania Robert Palter, Dana Professor Emeritus of the History of Science, Trinity College, Connecticut Guy MacLean Rogers, associate professor of Greek and Latin and history, Wellesley College Frank M. Snowden, Jr., professor of classics emeritus, Howard University Lawrence A. Tritle, associate professor of

history, Loyola Marymount University Emily T. Vermeule, Samuel E. Zemurray, Jr., and Doris Zemurray Stone-Radcliffe Professor Emerita, Harvard University Frank J. Yurco, Egyptologist, Field Museum of Natural History and the University of Chicago

The Greek Histories Mary Lefkowitz 2022-01-18 From the leading scholars behind *The Greek Plays*, a collection of the best translations of the foremost Greek historians, presenting a sweeping history of ancient Greece as recorded by its first chroniclers "Just the thing to remind us that human history, though lamentably a work in progress, is always something we can understand better."—Sarah Ruden, translator of *The Gospels* and author of *The Face of Water* The historians of ancient Greece were pioneers of a new literary craft; their work stands among the world's most enduring and important legacies and forms the foundation of a major modern discipline. This highly readable edition includes new and newly revised translations of selections from Herodotus—often called the "father of history"—Thucydides, Xenophon, and Plutarch, the four greatest Greek innovators of historical narrative. Here the reader will find their most important, and most widely taught, passages collected in a single volume. The excerpts chart the landmark events of ancient Greece and provide a comprehensive account of the entire classical Greek age. From the start the Greek historians demonstrated how broad and varied historical writing could be and brought their craft beyond a mere chronicle of past events. This volume explores each author's interest in religion, leadership, character, and the lessons of war. How, for instance, should readers interpret Herodotus' inclusion of speeches and dialogues, dreams, and oracles as part of the "factual" record? What did Thucydides understand about human nature that (as he said) stays constant throughout time? How did Plutarch frame historical biography as a means of depicting the moral qualities of great men? Complete with introductions to the works of each historian, footnotes providing context and explaining obscurities, maps, and an appendix on the Greek conduct of war, this volume is an invaluable resource for students and passionate readers of history alike.

*Black Athena: Ntr* Martin Bernal 1987 Synopsis: Could Greek philosophy be rooted in Egyptian thought? Is it possible that the Pythagorean theory was conceived on the shores of the Nile and the Euphrates rather than in ancient Greece? Could it be that Western civilization was born on the so-called Dark Continent? For almost two centuries, Western scholars have given little credence to the possibility of such scenarios. In *Black Athena*, an audacious three-volume series that strikes at the heart of today's most heated culture wars, Martin Bernal challenges Eurocentric attitudes by calling into question two of the longest-established explanations for the origins of classical civilization. The Aryan Model, which is current today, claims that Greek culture arose as the result of the conquest from the north by Indo-European speakers, or "Aryans," of the native "pre-Hellenes." The Ancient Model, which was maintained in Classical Greece, held that the native population of Greece had initially been civilized by Egyptian and Phoenician colonists and that additional Near Eastern culture had been introduced to Greece by Greeks studying in Egypt and Southwest Asia. Moving beyond these prevailing models, Bernal proposes a Revised Ancient Model, which suggests that classical civilization in fact had deep roots in Afroasiatic cultures.

*Daidalos and the Origins of Greek Art* Sarah P. Morris 1995-04-09 This book uses the myths surrounding Daidalos as an example to describe the profound influence of the Near East on ancient Greece's artistic and literary origins.

Black Athena Martin Bernal 2006-11-03 Could Greek philosophy be rooted in Egyptian thought? Is it possible that the Pythagorean theory was conceived on the shores of the Nile and the Euphrates rather than in ancient Greece? Could it be that much of Western civilization was formed on the "Dark Continent"? For almost two centuries, Western scholars have given little credence to the possibility of such scenarios. In *Black Athena*, an audacious three-volume series that strikes at the heart of today's most heated culture wars, Martin Bernal challenges Eurocentric attitudes by calling into question two of the longest-established explanations for the origins of classical civilization. To use his terms, the Aryan Model, which is current today, claims that Greek culture arose as the result of the conquest from the north by Indo-European speakers, or "Aryans," of the native "pre-Hellenes." The Ancient Model, which was maintained in Classical Greece, held that the native population of Greece had initially been civilized by Egyptian and Phoenician colonists and that additional Near Eastern culture had been introduced to Greece by Greeks studying in Egypt and Southwest Asia. Moving beyond these prevailing models, Bernal proposes a Revised Ancient Model, which suggests that classical civilization in fact had deep roots in Afroasiatic cultures. This long-awaited third and final volume of the series is concerned with the linguistic evidence that contradicts the Aryan Model of ancient Greece. Bernal shows how nearly 40 percent of the Greek vocabulary has been plausibly derived from two Afroasiatic languages—Ancient Egyptian and West Semitic. He also reveals how these derivations are not limited to matters of trade, but extended to the sophisticated language of politics, religion, and philosophy. This evidence, according to Bernal, greatly strengthens the hypothesis that in Greece an Indo-European-speaking population was culturally dominated by Ancient Egyptian and West Semitic speakers. Provocative, passionate, and colossal in scope, this volume caps a thoughtful rewriting of history that has been stirring academic and political controversy since the publication of the first volume.

Early Greece Fellow and Tutor in Ancient History Oswyn Murray 1993 Murray traces the emergence of urbanisation and social and political structures from the Mycenaean and legendary origins of Greece through to the Persian Wars.

Black Athena Martin Bernal 2020-02-14 *Black Athena*, an audacious three-volume series, strikes at the heart of today's most heated culture wars. Martin Bernal challenges Eurocentric attitudes by calling into question conventional explanations for the origins of classical civilization. Provocative, passionate, and colossal in scope, this thoughtful rewriting of history continues to stir academic and political controversy.

*Dark Light Consciousness* Edward Bruce Bynum 2012-06-19 How to awaken the Ureus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe • Reveals the biochemistry of how the body's melanin provides the template for the subtle energy body or light body • Shows how embracing the dark light consciousness of the

awakened Ureaus opens a portal to the sacred darkness of the superconscious

- Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken Ureaus/Kundalini energy

Within each of us lies the potential to activate a personal connection to the superconscious. Called "Ureaus" in ancient Egyptian texts and "Kundalini" in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself. Combining physics, neuroscience, and biochemistry with ancient traditions from Africa and India, Edward Bruce Bynum, Ph.D., explores the ancient Egyptian science of the Ureaus and reveals how it is intimately connected to dark matter and to melanin, a light-sensitive, energy-conducting substance found in the brain, nervous system, and organs of all higher life-forms. He explains how the dark light of melanin serves as the biochemical infrastructure for the subtle energy body, just as dark matter, together with gravity, holds the galaxies and constellations together. With illustrated instructions, he shows how to safely awaken and stabilize the spiritual energy of the Ureaus through meditation practices, breathing exercises, and yoga postures as well as how to prepare the subtle body for transdimensional soul travel. By embracing the dark light of the shining serpent within, we overcome our collective fear of the vast living darkness without. By embracing the dark, we transcend reality to the dimension of light.

Was Civilization Made in Africa? [Review Of] Bernal, Martin, *Black Athena: the Afroasiatic Roots of Classical Civilization. Volume Two: The Archaeological and Documentary Evidence*. New Brunswick: Rutgers University Press [and] Diop, Chiekh Anta. *Civilization Or Barbarism? An Authentic Anthropology*. Brooklyn: Lawrence Hill Books John Baines 1991

The Lives of the Greek Poets Mary R. Lefkowitz 2013-03-14 Mary R. Lefkowitz has extensively revised and rewritten her classic study to introduce a new generation of students to the lives of the Greek poets. Thoroughly updated with references to the most recent scholarship, this second edition includes new material and fresh analysis of the ancient biographies of Greece's most famous poets. With little or no independent historical information to draw on, ancient writers searched for biographical data in the poets' own works and in comic poetry about them. Lefkowitz describes how biographical mythology was created and offers a sympathetic account of how individual biographers reconstructed the poets' lives. She argues that the life stories of Greek poets, even though primarily fictional, still merit close consideration, as they provide modern readers with insight into ancient notions about the creative process and the purpose of poetic composition.

African Athena Daniel Orrells 2011-10-27 The appearance of Martin Bernal's *Black Athena: The Afro-Asian Roots of Classical Civilization* in 1987 sparked intense debate and controversy in Africa, Europe, and North America. His detailed genealogy of the 'fabrication of Greece' and his claims for the influence of ancient African and Near Eastern cultures on the making of

classical Greece, questioned many intellectuals' assumptions about the nature of ancient history. The transportation of enslaved African persons into Europe, the Americas, and the Caribbean, brought African and diasporic African people into contact in significant numbers with the Greek and Latin classics for the first time in modern history. In *African Athena*, the contributors explore the impact of the modern African diaspora from the sixteenth century onwards on Western notions of history and culture, examining the role Bernal's claim has played in European and American understandings of history, and in classical, European, American and Caribbean literary production. *African Athena* examines the history of intellectuals and literary writers who contested the white, dominant Euro-American constructions of the classical past and its influence on the present. Martin Bernal has written an Afterword to this collection.

Black Athena Martin Bernal 1991 "Black Athena is a three-volume work. Volume 1 concentrates on the crucial period between 1785 and 1850, which saw the Romantic and racist reaction to the Enlightenment and the French Revolution, and the consolidation of Northern expansion into other continents. In an unprecedented tour de force, Bernal makes meaningful links between a wide range of areas and disciplines--drama poetry, myth, theological controversy, esoteric religion, philosophy, biography, language, historical narrative, and the emergence of 'modern scholarship.'"--Publisher's description.

*Black Athena: The linguistic evidence* Martin Bernal 1987 Synopsis: Could Greek philosophy be rooted in Egyptian thought? Is it possible that the Pythagorean theory was conceived on the shores of the Nile and the Euphrates rather than in ancient Greece? Could it be that Western civilization was born on the so-called Dark Continent? For almost two centuries, Western scholars have given little credence to the possibility of such scenarios. In *Black Athena*, an audacious three-volume series that strikes at the heart of today's most heated culture wars, Martin Bernal challenges Eurocentric attitudes by calling into question two of the longest-established explanations for the origins of classical civilization. The Aryan Model, which is current today, claims that Greek culture arose as the result of the conquest from the north by Indo-European speakers, or "Aryans," of the native "pre-Hellenes." The Ancient Model, which was maintained in Classical Greece, held that the native population of Greece had initially been civilized by Egyptian and Phoenician colonists and that additional Near Eastern culture had been introduced to Greece by Greeks studying in Egypt and Southwest Asia. Moving beyond these prevailing models, Bernal proposes a Revised Ancient Model, which suggests that classical civilization in fact had deep roots in Afroasiatic cultures.

*Black Athena: The fabrication of ancient Greece, 1785-1985* Martin Bernal 1987